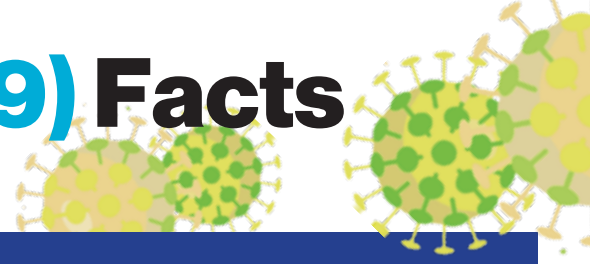


Coronavirus (COVID-19) Facts

Updated April 9, 2020



Stay at home during the COVID-19 outbreak

To reduce the spread of the coronavirus, the City has issued a Public Health Order requiring people to stay home except for essential needs. This is in effect until further notice. By practicing social distancing, we can flatten the curve and save lives. San Francisco can't do this alone – we need everyone to do their part and cooperate during this public health emergency.

What does this mean?

- **Everyone** must stay home except to get food, care for a relative or friend, get necessary health care, or go to an essential job. Wear a face covering when you leave home.
- **Do not gather with others.** No visitors or meeting up with friends. Bars, nightclubs, and gyms are closed.
- It is OK to go outside for **walks** if you are not in a group.
- If you are an **older adult** or have a **serious chronic medical condition**, you are especially vulnerable and **must stay home**.
- **Essential local government functions will continue**, including first responders and law enforcement.

What should I do?

- Check in with family and friends by **phone and email**, especially older adults or those with health conditions.
- You will continue to be able to purchase **food, medicine, or personal necessities from grocery stores, pharmacies, gas stations, and hardware stores**.
- You may provide care or help with getting supplies for loved ones. Don't provide care or pick up supplies if you are sick.
- **If you are feeling sick**, please call your doctor, a nurse hotline, or an urgent care center. Do not go to the emergency room of a hospital unless you are having an actual emergency.

Public health guidelines to follow



Wash hands with soap and water for at least 20 seconds.



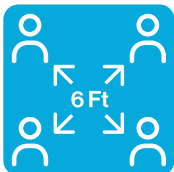
Wear a face covering when you leave home.



Call your doctor if you feel sick.



Avoid touching your face.



Avoid groups (stay at least six feet away from others). Reduce the time you are around others outside the home, even when at least six feet away.

Stay informed

Text COVID19SF to 888-777 to get text message alerts for official updates

For more info

Call 311 or visit [SF.gov/Coronavirus](https://www.sfgov.gov/Coronavirus)



San Francisco
Department of Public Health